

CURRICULUM VITAE

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Name: Nazanin Moslehi

Assistant professor

Nutrition and Endocrine Research Center, Research Institute for Endocrine Sciences

Shahid Beheshti University of Medical Sciences, Tehran, Iran

Postal code: 1985717413, Tel:+982122432500

Email: moslehinazanin@sbmu.ac.ir ; moslehinazanin@yahoo.com

Research profiles:

Iranian Scientometrics Information Database: https://isid.research.ac.ir/Nazanin_Moslehi

Scopus: <https://www.scopus.com/authid/detail.uri?authorId=36996620900>

Orchid ID: <https://orcid.org/0000-0001-8441-5200>

Link google scholar: <https://scholar.google.com/citations?user=4g6lL80AAAAJ&hl=en>

Link Research gate: <https://www.researchgate.net/profile/Nazanin-Moslehi>

Link Publon: <https://publons.com/researcher/2985733/nazanin-moslehi/>

Education: *(Start with the first academic degree according to date; from past to present)*

1. B.Sc. in Nutrition, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2002-2006
2. M.Sc in Nutrition, Tehran University of Medical Sciences, Tehran, Iran, 2007-2010.
3. Ph.D in Nutrition (by research), Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2014-2020.

Career/Academic Appointments: *(Academic positions should be listed by date from past to present)*

1. Researcher in Research Institute for Endocrine Sciences, Tehran, Iran, 2011-2022.
2. Assistant professor in Research Institute for Endocrine Sciences, from 2022-present.

Lectures, Courses, Web-based Education: *(If you have presented or participated in any lecture, educational courses or web-based education, during the last 5 years mention their subject or title)*

1. Oral presentation, entitled “Individual and combined associations of macronutrient quantity and quality with the incidence of type 2” at the 4th International and 16th Iranian Nutrition congress, diabetes. 2024.
2. Webinar. Nutrition, ovarian reserve reduction, and the time of menopause. 2023.
3. Lectures entitled “Nutritional management in children and adolescents with diabetes” at Children and Adolescent Nutrition Congress. 2022.
4. Webinar- Medical nutrition therapy in diabetes. 2022.
5. Symposium - Medical nutrition therapy in gestational diabetes. 2022.
6. Symposium- Medical nutrition therapy in gestational diabetes & type 1 diabetes. 2021.
7. Workshop-statistical analysis. 2021.
8. Workshop -Biomedical Scientific Writing: Title, abstract, keywords. 2021.
9. Workshop- Nutritional Epidemiology. 2019.
10. Workshop- Diet therapy in the management of diabetes and its complications. 2019.
11. Symposium- Nutrition & Endocrine. 2019.
12. Oral presentation, entitled “Prospective investigation of dietary intakes and the rate of decline in anti-Mullerian hormone among eumenorrhic women”, 15th international congress on obstetrics & gynecology, 2019.

Journal Service: *(Membership in the editorial board, being a journal director, chief editor or the journal reviewing board or any related position)*

As a journal reviewer :

1. Clinical nutrition
2. Food and function
3. International journal of food science and nutrition
4. BMC public health
5. BMC endocrine
6. Journal of functional food
7. Reproductive Biology and Endocrinology
8. Scientific report
9. Social Science & Medicine
10. Lipids in Health and Disease

Peer-Reviewed Original Research : (List of published articles according to Vancouver style, from past to present)

A. Articles in English

1. Vafa M, **Moslehi N**, Afshari S, Hossini A, Eshraghian M. Relationship between breastfeeding and obesity in childhood. *J Health Popul Nutr* 2012; 30(3):303-10.
2. **Moslehi N**, Vafa M, Rahimi-Foroushani A, Golestan B. Effects of oral magnesium supplementation on inflammatory markers in middle-aged overweight women. *J Res Med Sci* 2012; 17:607-14.
3. Mirmiran P, **Moslehi N**, Asghari G, Jambarsang S, Mehrabi Y, Azizi F. Secular trends in size at birth of Iranian neonates: meta-analyses of published and unpublished studies. *Ann Hum Biol* 2013; 40:75-82.
4. Ramezani Tehrani F, **Moslehi N**, Asghari G, Gholami R, Mirmiran P, Azizi F. Intake of dairy products, calcium, magnesium, and phosphorus in childhood and age at menarche in the Tehran Lipid and Glucose Study. *PLoS One* 2013; 8:e57696.
5. **Moslehi N**, Vafa M, Sarrafzadeh J, Rahimi-Foroushani A. Does magnesium supplementation improve body composition and muscle strength in middle-aged overweight women? A double-blind, placebo-controlled, randomized clinical trial. *Biol Trace Elem Res* 2013; 153:111-8.
6. Hosseinpour-Niazi S, Sohrab G, Asghari G, Mirmiran P, **Moslehi N**, Azizi F. Dietary glycemic index, glycemic load, and cardiovascular disease risk factors: Tehran Lipid and Glucose Study. *Arch Iran Med* 2013; 16:401-7.
7. Ramezani Tehrani F, Mirmiran P, Gholami R, **Moslehi N**, Azizi F. Factors influencing menarcheal age: results from the cohort of tehran lipid and glucose study. *Int J Endocrinol Metab* 2014; 12:e16130.
8. Mirmiran P, Bahadoran Z, **Moslehi N**, Bastan S, Azizi F. Colors of fruits and vegetables and 3-year changes of cardiometabolic risk factors in adults: Tehran lipid and glucose study. *Eur J Clin Nutr* 2015; 69:1215-9.
9. Mirmiran P, **Moslehi N**, Mahmoudof H, Sadeghi M, Azizi F. A Longitudinal Study of Adherence to the Mediterranean Dietary Pattern and Metabolic Syndrome in a Non-Mediterranean Population. *Int J Endocrinol Metab* 2015; 13:e26128.

10. Vafa M, Haghghat N, **Moslehi N**, Eghtesadi S, Heydari I. Effect of Tocotrienols enriched canola oil on glycemic control and oxidative status in patients with type 2 diabetes mellitus: A randomized double-blind placebo-controlled clinical trial. *J Res Med Sci* 2015; 20:540-7.
11. **Moslehi N**, Ehsani B, Mirmiran P, Hojjat P, Azizi F. Association of Dietary Proportions of Macronutrients with Visceral Adiposity Index: Non-Substitution and Iso-Energetic Substitution Models in a Prospective Study. *Nutrients* 2015; 7:8859-70.
12. **Moslehi N**, Shab-Bidar S, Mirmiran P, Sadeghi M, Azizi F. Associations between dairy products consumption and risk of type 2 diabetes: Tehran lipid and glucose study. *Int J Food Sci Nutr* 2015; 66:692-9.
13. **Moslehi N**, Shab-Bidar S, Mirmiran P, Hosseinpanah F, Azizi F. Determinants of parathyroid hormone response to vitamin D supplementation: a systematic review and meta-analysis of randomised controlled trials. *Br J Nutr* 2015; 114:1360-74.
14. Abiri B, Vafa M R, Dehghani M, **Moslehi N**, Sarrafzadeh J. Effect of Vitamin D Supplement Consumption on Muscle Strength, Muscle Function and Body Composition in Vitamin D-deficient Middle-aged Women: A Randomized Clinical Trial. *Nutr Food Sci Res.* 2016; 3:17-24.
15. Shishehgar F, Ramezani Tehrani F, Mirmiran P, Hajian S, Baghestani AR, **Moslehi N**. Comparison of Dietary Intake between Polycystic Ovary Syndrome Women and Controls. *Glob J Health Sci* 2016; 8:54801.
16. Shishehgar F, Tehrani FR, Mirmiran P, Hajian S, Baghestani AR, **Moslehi N**. Factors Influencing Physical Activity in Women with Polycystic Ovary Syndrome in Comparison to Eumenorrheic Non Hirsute Women. *Glob J Health Sci* 2016; 8:56382.
17. Cheraghi Z, Mirmiran P, Mansournia MA, **Moslehi N**, Khalili D, Nedjat S. The association between nutritional exposures and metabolic syndrome in the Tehran Lipid and Glucose Study (TLGS): a cohort study. *Public Health* 2016; 140:163-71.
18. **Moslehi N**, Hosseini-Esfahani F, Hosseinpanah F, Mirmiran P, Azizi F. Patterns of food consumption and risk of type 2 diabetes in an Iranian population: A nested case–control study. *Nutrition & Dietetics* 2016; 73:169-176.

19. Ehsani B, **Moslehi N**, Mirmiran P, Ramezani Tehrani F, Tahmasebinejad Z, Azizi F. A visceral adiposity index-related dietary pattern and the cardiometabolic profiles in women with polycystic ovary syndrome. *Clin Nutr* 2016; 35:1181-7.
20. **Moslehi N**, Ehsani B, Mirmiran P, Shivappa N, Tohidi M, Hebert JR, et al. Inflammatory Properties of Diet and Glucose-Insulin Homeostasis in a Cohort of Iranian Adults. *Nutrients*. 2016; 8(11):735.
21. **Moslehi N**, Mirmiran P, Tehrani FR, Azizi F. Current Evidence on Associations of Nutritional Factors with Ovarian Reserve and Timing of Menopause: A Systematic Review. *Adv Nutr* 2017; 8:597-612.
22. **Moslehi N**, Shab-Bidar S, Ramezani Tehrani F, Mirmiran P, Azizi F. Is ovarian reserve associated with body mass index and obesity in reproductive aged women? A meta-analysis. *Menopause* 2018; 25:1046-55.
23. Soltani S, **Moslehi N***, Hosseini-Esfahani F, Vafa M. The Association between Empirical Dietary Inflammatory Pattern and Metabolic Phenotypes in Overweight/Obese Adults. *Int J Endocrinol Metab* 2018; 16:e60048.
24. Cheraghi Z, Nedjat S, Mirmiran P, **Moslehi N**, Mansournia N, Etminan M, et al. Effects of food items and related nutrients on metabolic syndrome using Bayesian multilevel modelling using the Tehran Lipid and Glucose Study (TLGS): a cohort study. *BMJ Open* 2018; 8:e020642.
25. Asghari G, Farhadnejad H, Hosseinpanah F, **Moslehi N**, Mirmiran P, Azizi F. Effect of vitamin D supplementation on serum 25-hydroxyvitamin D concentration in children and adolescents: a systematic review and meta-analysis protocol. *BMJ Open* 2018; 8:e021636.
26. Hosseini-Esfahani F, Bahadoran Z, **Moslehi N**, Asghari G, Yuzbashian E, Hosseinpour-Niazi S, et al. Metabolic Syndrome: Findings from 20 Years of the Tehran Lipid and Glucose Study. *Int J Endocrinol Metab* 2018; 16:e84771.
27. Hosseini-Esfahani F, Hosseinpour-Niazi S, Asghari G, Bahadoran Z, **Moslehi N**, Golzarand M, et al. Nutrition and Cardio-Metabolic Risk Factors: Findings from 20 Years of the Tehran Lipid and Glucose Study. *Int J Endocrinol Metab* 2018; 16:e84772.

28. Hosseini-Esfahani F, **Moslehi N**, Asghari G, Hosseinpour-Niazi S, Bahadoran Z, Yuzbashian E, et al. Nutrition and Diabetes, Cardiovascular and Chronic Kidney Diseases: Findings from 20 Years of the Tehran Lipid and Glucose Study. *Int J Endocrinol Metab* 2018; 16:e84791.
29. Rostami Dovom M, **Moslehi N**, Mirmiran P, Azizi F, Ramezani Tehrani F. Habitual dietary lactose and galactose intakes in association with age at menopause in non-galactosemic women. *PLoS One*. 2019; 14:e0214067.
30. Mirmiran P, Bahadoran Z, Gaeini Z, **Moslehi N**, Azizi F. Effects of Ramadan intermittent fasting on lipid and lipoprotein parameters: An updated meta-analysis. *Nutr Metab Cardiovasc Dis*. 2019; 29:906-915.
31. Mirmiran P, **Moslehi N***, Morshedzadeh N, Shivappa N, Hébert JR, Farsi F, Daryani NE. Does the inflammatory potential of diet affect disease activity in patients with inflammatory bowel disease? *Nutr J*. 2019; 18:65.
32. Rahbarinejad P, Asghari G, Yuzbashian E, Djazayeri A, Dehghan P, **Moslehi N**, Shivappa N, Hébert JR, Movahedi A, Mirmiran P. Dietary Inflammatory Index in Relation to Carotid Intima Media Thickness among Overweight or Obese Children and Adolescents. *Ann Nutr Metab*. 2019; 75:179-186.
33. **Moslehi N**, Mirmiran P, Azizi F, Tehrani FR. Do dietary intakes influence the rate of decline in anti-Müllerian hormone among eumenorrheic women? A population-based prospective investigation. *Nutr J*. 2019; 18:83.
34. **Moslehi N**, Golzarand M, Hosseinpahan F, Mirmiran P, Azizi F. Dietary intakes of flavonoids and carotenoids and the risk of developing an unhealthy metabolic phenotype. *Food Funct*. 2020; 11:3451-3458.
35. Mirmiran P, **Moslehi N***, Hosseinpahan F, Sarbazi N, Azizi F. Dietary determinants of unhealthy metabolic phenotype in normal weight and overweight/obese adults: results of a prospective study. *Int J Food Sci Nutr* .2020;71:891-901.
36. **Moslehi N**, Parvin Mirmirana , Rezvan Marzbani, Hassan Reza doost, , Mehdi Mirzaie, Fereidoun Azizi, Fahimeh Ramezani Tehrani. Serum metabolomics study of women with different annual decline rates of anti-Müllerian hormone: An untargeted gas chromatography-mass spectrometry-based study. *Hum Reprod*. 2021; 36:721-733.

37. Teymoori F, Farhadnejad H, **Moslehi N***, Mirmiran P, Mokhtari E, Azizi F. The association of dietary insulin and glycemic indices with the risk of type 2 diabetes. *Clin Nutr.* 2021; 40:2138-2144.
38. Rahimi Sakak F, **Moslehi N***, Niroomand M, Mirmiran P. Glycemic control improvement in individuals with type 2 diabetes with vitamin K2 supplementation: A randomized controlled trial. *Eur J Nutr.* 2021 Aug;60(5):2495-2506.
39. Farhadnejad H, Mokhtari E, Teymoori F, Sohoul MH, **Moslehi N***, Mirmiran P, Azizi F. Association of the insulinemic potential of diet and lifestyle with risk of diabetes incident in Tehranian adults: a population based cohort study. *Nutr J.* 2021; 20:39.
40. **Nazanin Moslehi**, Golaleh Asghari, Parvin Mirmiran, Fereidoun Azizi . Longitudinal association of dietary sources of animal and plant protein throughout childhood with menarche. *BMC Pediatr.* 2021;21:206.
41. Rahimi Sakak F, **Moslehi N***, Abdi H, Mirmiran P. Effects of vitamin K2 supplementation on atherogenic status of individuals with type 2 diabetes: a randomized controlled trial. *BMC Complement Med Ther.* 2021 May 1;21:134.
42. **Moslehi N**, Marzbani R, Rezadoost H, Mirmiran P, Ramezani Tehrani F, Azizi F. Serum metabolomics study of the association between dairy intake and the anti-müllerian hormone annual decline rate. *Nutr Metab.* 2021;18(1):66.
43. Teymoori F, Farhadnejad H, Mokhtari E, Sohoul MH, **Moslehi N***, Mirmiran P, Azizi F. Dietary and lifestyle inflammatory scores and risk of incident diabetes: a prospective cohort among participants of Tehran lipid and glucose study. *BMC Public Health.* 2021 Jul 2;21(1):1293.
44. Pourkerman M, Rashidkhani B, **Moslehi N***. Correlating Dietary Pattern and Bladder Cancer Risk Using Principal Component and Reduced Rank Regression Analyses. *Nutr Cancer.* 2022;74(8):2955-2963.
45. Asgari S, Masrouri S, Hosseinpour-Niazi S, **Moslehi N**, Azizi F, Hadaegh F. Association of ideal cardiovascular health metrics and incident type 2 diabetes mellitus among an urban population of Iran: One decade follow up in the Tehran Lipid and Glucose Study. *J Diabetes Investig.* 2022 May 19. doi: 10.1111/jdi.13839. Online ahead of print.

46. **Moslehi N**, Sakak FR, Teymoori F, Tehrani FR, Mirmiran P, Azizi F. The role of nutrition in the development and management of gestational diabetes among Iranian women: a systematic review and meta-analysis. *J Diabetes Metab Disord.* 2022;21(1):951-970.
47. **Moslehi N**, Rahimi Sakak F, Mahdavi M, Mirmiran P, Azizi F. Visceral adiposity-related dietary patterns and the risk of cardiovascular disease in Iranian adults: A population-based cohort study. *Front Nutr.* 2022 Jul 28;9:812701.
48. Hadaegh F, Hosseinpour-Niazi S, Deravi N, Hasheminia M, Moslehi N, Toreyhi H, Azizi F. Ideal cardiovascular health status and risk of cardiovascular disease and all-cause mortality: over a decade of follow-up in the Tehran lipid and glucose study. *Front Cardiovasc Med.* 2022;9:898681.
49. **Moslehi N**, Zeraattalab-Motlagh S, Rahimi Sakak F, Shab-Bidar S, Tehrani FR, Mirmiran P. Effects of nutrition on metabolic and endocrine outcomes in women with polycystic ovary syndrome: an umbrella review of meta-analyses of randomized controlled trials. *Nutr Rev.* 2023;81(5):555-577.
50. Razmpoosh E, **Moslehi N***, Abdollahi S, Soltani S, Mirmiran P, Azizi F. The Mediterranean, DASH, and MIND diets and the incident of hypertension over a median follow-up of 7.4 years in the Tehran Lipid and Glucose Study. *BMC Public Health.* 2022;22(1):2374.
51. **Moslehi N**, Kamali Z, Golzarand M, Sakak FR, Mirmiran P. Association Between Energy and Macronutrient Intakes and Weight Change After Bariatric Surgery: a Systematic Review and Meta-analysis. *Obes Surg.* 2023 Mar;33(3):938-949.
52. Golzarand M, **Moslehi N**, Mirmiran P, Azizi F. Adherence to the DASH, MeDi, and MIND diet scores and the incidence of metabolically unhealthy phenotypes. *Obes Res Clin Pract.* 2023;17(3):226-232.
53. Kamali Z, Tabesh MR, **Moslehi N***, Estaki S, Barzin M, Khalaj A, Mirmiran P. Dietary Macronutrient Composition and Quality, Diet Quality, and Eating Behaviors at Different Times Since Laparoscopic Sleeve Gastrectomy. *Obes Surg.* 2023;33(7):2158-2165.
54. Mirmiran P, **Moslehi N***, Golzarand M, Azizi F. Ultra-processed foods consumption and the risk of metabolically unhealthy phenotype in normal-weight and overweight/obese adults: a prospective investigation. *Int J Food Sci Nutr.* 2023;74(4):522-531.

55. **Moslehi N***, Golzarand M, Mirmiran P, Hosseinpanah F, Azizi F. Macronutrient quality and the incidence of metabolically unhealthy phenotypes in adults with normal weight and overweight/obesity. *Obes Res Clin Pract.* 2023;17(5):369-377
56. **Moslehi N***, Mohammadpour S, Mirmiran P, Mehran L, Azizi F. Cardiometabolic-related dietary patterns and thyroid function: a population-based cross-sectional study. *Eur J Med Res.* 2023;28(1):602.
57. Zolfaghari F, Khorshidi Y, **Moslehi N***, Golzarand M, Asghari G. Nutrient Deficiency After Bariatric Surgery in Adolescents: A Systematic Review and Meta-Analysis. *Obes Surg* 2024;34(1):206-217.
58. **Moslehi N**, Mohammadpour S, Mirmiran P, Mehran L, Azizi F. Cardiometabolic-related dietary patterns and thyroid function: a population-based cross-sectional study. *Eur J Med Res.* 2023;28(1):602.
59. **Moslehi N**, Kamali Z, Mirmiran P, Barzin M, Khalaj A. Association of postoperative dietary macronutrient content and quality with total weight loss and fat-free mass loss at midterm after sleeve gastrectomy. *Nutrition.* 2024; 120:112331.
60. Golzarand M, Masrouri S, Soraneh S, **Moslehi N***, Mirmiran P, Azizi F. Low-carbohydrate dietary score and the incidence of metabolically unhealthy phenotype based on BMI status: a cohort study. *Int J Food Sci Nutr.* 2024;75(3):325-335.
61. Norouzzadeh M, Teymoori F, Farhadnejad H, **Moslehi N**, Mirmiran P, Rahideh ST, Azizi F. Cigarette smoking and cardiovascular disease incidence and all-cause mortality: the modifying role of diet quality. *BMC Public Health.* 2024;24(1):1021.
62. Norouzzadeh M, Teymoori F, Farhadnejad H, Moslehi N, Rahideh ST, Mirmiran P, Azizi F. The interaction between diet quality and cigarette smoking on the incidence of hypertension, stroke, cardiovascular diseases, and all-cause mortality. *Sci Rep.* 2024;14(1):12371.
63. **Moslehi N**, Kamali Z, Barzin M, Khalaj A, Mirmiran P. Eating behaviors and dietary intake 2 to 4 years following sleeve gastrectomy: Are there any associations? *Nutrition.* 2024; 125:112486.
64. **Moslehi N***, Kamali Z, Barzin M, Khalaj A, Mirmiran P. Major dietary patterns and their associations with total weight loss and weight loss composition 2-4 years after sleeve gastrectomy. *Eur J Med Res.* 2024;29(1):417.

65. Golzarand M, **Moslehi N**, Mirmiran P, Azizi F. Consumption of ultra-processed foods and the incidence of hypertension: a cohort study. *Food Funct.* 2024;15(18):9488-9496.
66. **Moslehi N***, Kamali Z, Bahadoran Z, Mirmiran P, Azizi F. Quality and quantity of macronutrients, and their joint associations with the incidence of type 2 diabetes over a nine-year follow-up. *Nutr J.* 2024;23(1):101.
67. **Moslehi N***, Mahdavi M, Mirmiran P, Azizi F. Ultra-processed foods and the incidence of pre-diabetes and type 2 diabetes among Iranian adults: the Tehran lipid and glucose study. *Nutr Metab (Lond).* 2024;21(1):79.

*Corresponding author

B. Article in Persian

1. Vafa M, Afshari, **Moslehi N**, Salehpour A, Hosaini F, Goharinezhad M, et al . Relationship Between Infant Nutrition Feeding and Childhood Obesity in First Grade Tehranian Students of Primary Schools, 2009. *Iranian Journal of Endocrinology and Metabolism.* 2011; 12 (5):505-512.
2. Hosseinpour-Niazi S , Sohrab G , Asghari G , Mirmiran P , **Moslehi N**, Azizi F . Association between glycemic index, glycemic load and cardiovascular risk factors in adults. *J Gorgan Uni Med Sci.* 2013; 15 (1):64-74.
3. Ramezani Tehrani F, Mirmiran P, Gholami R, **Moslehi N**, Ghanbarian A, Azizi F. Correlation between Menarcheal Age and Certain Demographic Characteristics. *Iranian Journal of Endocrinology and Metabolism.* 2013; 15 (1):52-58.
4. Yari Z, Mirmiran P, **Moslehi N**. Effects of Flaxseed and Its Nutritional Components on the Metabolic Syndrome and Associated Risk Factors. *Iranian Journal of Endocrinology and Metabolism* 2014; 16 (3) :211-220.
5. Ehsani B, **Moslehi N**, Mirmiran P. Effects of Hypo-caloric diet and dietary composition on reproductive and metabolic Disorders in Women with Polycystic Ovary Syndrome: A Review of Studies. *Iranian Journal of Nutrition Sciences & Food Technology* 2015; 10 (2):103-114.
6. Hosseini Esfahani F, fallah nowroozinejad E, **Moslehi N**, mirmiran P, azizi F. The Association between Dietary Energy Density and the Risk of Type 2 Diabetes: Tehran Lipid and Glucose Study. *Iranian Journal of Endocrinology and Metabolism.* 2015; 16 (5):309-318.

7. Ehsani B, **Moslehi N**, Ramezani Tehrani F, Mirmiran P, Azizi F. Relationship between Dietary Pattern and Cardiometabolic Risk Factors in Women with PCOS. *Iranian Journal of Endocrinology and Metabolism* 2015; 17 (1):33-43.
8. **Moslehi N**, Shab-Bidar S, Ramezani Tehrani F, Mirmiran P, Azizi F. Systematic Review of the Association between BMI and Anti-mullerian Hormone (AMH) Levels in Reproductive Aged Women. *Iranian Journal of Endocrinology and Metabolism*. 2018; 20 (2):89-101.
9. **Moslehi N**, Hosseini-Esfahani F, Hosseinpanah F, Mirmiran P, Hojjat P, Azizi F. Adherence to a whole grain and legumes based dietary pattern and risk of type 2 diabetes. *Iranian Journal of Diabetes and Metabolism*. 2016; 15 (2):120-129.